

ACTIVE LEARNING TEMPLATE: *Basic Concept*

STUDENT NAME _____

CONCEPT Heart Failure

REVIEW MODULE CHAPTER _____

Related Content

(E.G., DELEGATION,
LEVELS OF PREVENTION,
ADVANCE DIRECTIVES)

Definition: This is when the heart is not able to pump (systolic) or fill (diastolic) adequately

Prevention: Regular exercises, adequate sleep, proper balanced diet, and use of medications

Types of Heart failure: Left sided heart failure, Right sided heart failure, Diastolic heart failure and systolic heart failure

Underlying Principles

It is a result of high blood pressure, Diabetes, coronary artery disease, overweight and past heart attack

Heart failure increases risks of cancer

Example: Chronic obstructive pulmonary diseases increases heart failure and lung cancer

Nursing Interventions

WHO? WHEN? WHY? HOW?

-Educate the client on proper medication adherence including diuretics furosemide, bumetanid, hydrochlorothiazide, nifedipine

-managing fluid volume through auscultating the lungs and monitoring of the daily body weight

-Educate clients on proper diet intake